



Helmet Sizing

Adult

| SIZE | CENTIMETRE | INCHES |
|-----------|------------|-------------|
| X Small | 53 - 54 | 21.0 - 21.5 |
| Small | 55 - 56 | 21.5 - 22.0 |
| Medium | 57 - 58 | 22.5 - 23.0 |
| Large | 59 - 60 | 23.0 - 23.5 |
| X Large | 61 - 62 | 24.0 - 24.5 |
| XX Large | 63 - 64 | 24.5 - 25.0 |
| XXX Large | 65 - 66 | 25.5 - 26.0 |

YOUTH

| SIZE | CENTIMETRE | INCHES |
|---------------|------------|-------------|
| Youth Small | 47 - 48 | 18.5 - 19.0 |
| Youth Medium | 49 - 50 | 19.0 - 19.5 |
| Youth Large | 51 - 52 | 20.0 - 20.5 |
| Youth X Large | 53 - 54 | 21.0 - 21.5 |